

2024
MINNESOTA GIRLS
TRACK and FIELD
ANNUAL

THANK YOU

Thanks to Minnesota's high school track and field athletes, past and present, whose outstanding performances make this effort enjoyable.

MEA CULPA

Please forgive any errors or omissions and make us aware of them. We have done a rigorous search but are aware that neither our 2024 lists nor our all-time lists are complete.

SEND ALL OMISSIONS OR ERRORS TO: Bill Miles at billmiles78@hotmail.com

TIMING

The National Federation Rule Book states that unless a timing system is fully automatic, times registered in one-hundredth of a second must be rounded up to the next tenth-second. Example: 10.42 will be recorded as 10.5 unless fully automatic timing is used. In ranking performances, **we** add 0.24 to manual times to approximate the fully automatic timing equivalent. Example: a hand time of 11.0 seconds would be considered equivalent to a fully automatic time of 11.24 seconds.

METERS / YARDS

Our All-Time Minnesota lists mix performances run at metric and English distances. Metric performances and their equivalents are listed. If the race was run at an English distance (yards), the actual performance follows name, school, and year in parentheses. Where an event was run only at the English distance and is no longer contested, performances are listed as run. Conversion factors vary by event and account for the slower pace of the longer event.

CONVERSION FACTOR

Yards to Metric is .9942

i = indoor performance
h = handheld timing (not FAT)
c = converted from yards to meters

WHEELCHAIR EVENTS - 2024

100 METER WHEELCHAIR

17.70	Adaylia Borgmeier	Mankato East	9
22.95	Madison Harbarth	Mankato East	11
24.44	Isabella Angell	Monticello	12
28.43	Emily Scheidegger	Milaca	11
29.56	Ana Berry	Mille Lacs	11
32.31	Tayla Gassman	Big Lake	10

200 METER WHEELCHAIR

32.75	Adaylia Borgmeier	Mankato East	9
55.18	Isabella Angell	Monticello	12
58.50	Emily Scheidegger	Milaca	11
58.87	Ana Berry	Mille Lacs	11
1:01.06	Tayla Gassman	Big Lake	10

400 METER WHEELCHAIR

1:04.43	Adaylia Borgmeier	Mankato East	9
2:04.16	Emily Scheidegger	Milaca	11
2:10.11	Madison Harbarth	Mankato East	11
2:15.99	Ana Berry	Mille Lacs	11
2:41.96	Tayla Gassman	Big Lake	10

800 METER WHEELCHAIR

2:13.21	Adaylia Borgmeier	Mankato East	9
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1500 METER WHEELCHAIR

4:47.05	Adaylia Borgmeier	Mankato East	9
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SHOT PUT WHEELCHAIR

22-5.25	Tayla Gassman	Big Lake	10	Cat. 1
15-3.75	Madison Harbarth	Mankato East	11	Cat. 1
14-2	Addison Swenson	Zimmerman	11	Cat. 1
10-6.25	Isabella Angell	Monticello	12	
9-5.25	Ana Berry	Mille Lacs	11	

JAVELIN THROW WHEELCHAIR

39-2	Tayla Gassman	Big Lake	10	Cat. 1
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DISCUS THROW WHEELCHAIR

48-6	Tayla Gassman	Big Lake	10	Cat. 1
29-10	Madison Harbarth	Mankato East	11	Cat. 1
27-8	Addison Swenson	Zimmerman	11	Cat. 1
25-7	Isabella Angell	Monticello	12	

INFREQUENTLY CONTESTED EVENTS - 2024

600 METER DASH

1:38.75	Molly Bennett	11	Edina
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1500 METER RUN

4:30.95	Evie Malec	10	Minnetonka
4:36.53	Calia Chaney	12	Pequot Lakes
4:39.79	Sydney Drevlow	11	Hopkins

3000 METER RUN

9:53.86	Mia Hoffman	12	Bemidji
10:04.20	Isabel Mahoney	10	Monticello

5000 METER RUN

17:13.58	Isabel Mahoney	10	Monticello
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400 METER HURDLES

1:00.37	Addyson White	12	Prior Lake
1:01.33	Claire Kohler	12	Minnetonka

2000 METER STEEPLECHASE

7:23.47	Mia Pannella	10	Hills-Beaver Creek
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INFREQUENTLY CONTESTED EVENTS - 2024, cont.

1600 MEDLEY RELAY

3:56.23 Minnetonka
4:12.73 Hills-Beaver Creek
4:16.09 Brainerd

DISTANCE MEDLEY RELAY

12:47.03 Farmington

4 x MILE RELAY

21:39.20 Mounds View

HAMMER THROW

114' 8.5 Alexis Fahey 10 Forest Lake

JAVELIN THROW

113-11 Nadia Cedillo 9 St. Michael-Albertville

HEPTATHALON

4054 Eva Welsch 10 Lakeville South

TRACK EVENTS - 2024

100 METER DASH

11.74 Addyson White 12 Prior Lake
11.80 Ava Phrakonkham 11 Bagley/Fosston
11.87 Brooke Hohenecker 12 Providence Academy
11.88 Brynn Bakken 9 Hills-Beaver Creek
11.91 Sasha Steinbach 12 Monticello
11.96 Gabriella Keefer 11 St. Michael-Albertville
12.00 Liberty Quast 11 Stillwater Area
12.01 Isabelle Reinders 10 Prior Lake
12.04 Brianna Finnegan 11 Spring Lake Park
12.06 Zeal Kuku 11 Minnetonka
(10)
12.08 Ashley Fisher 12 Academy Of Holy Angels
12.08 Kendra Mehrkens 12 Thief River Falls
12.08 Chantle Reiland 11 GMLOKS
12.13 Hailey Hollar 12 River Valley
12.15 McKaylen Lewis 9 Math & Science Academy
12.15 Emelia Skistad 12 Monticello
12.18 Ella Kirchner 11 Sartell
12.19 Taylor Kurtz 9 Rochester Mayo
12.20 Ruby Marble 10 Mankato West
12.21 Jackie Cole 12 Medford
(20)
12.21 Alexa Drew 12 Lakeville South
12.21 Marianah Scott 12 Farmington
12.28 Arabella Knudson 12 Kasson-Mantorville
12.29 Jennifer Heilman 12 Rogers
12.29 Erika Vahhaji 11 Minneapolis Southwest
12.30 Jayi Wilson 11 Champlin Park
12.31 Elliana Magnus 10 Hastings
12.32 Hattie Anderson 10 Minneapolis Washburn
12.32 Olivia Sauer 10 Foley
12.33 Ayanna Zarlee 11 DeLaSalle
(30)
12.35 Naomi Moore 11 Simley
12.37 Shynika Chatman 11 Park Center
12.37 Kendall Grate 9 Rosemount
12.38 Zharia Arnold 12 Apple Valley
12.38 Ervina Swaray 9 DeLaSalle
12.38 Sophia Thorsen 9 North Branch Area
12.39 Aliyah Adepoju 10 Blaine
12.39 Anna Konsti 10 Concordia Academy
12.41 Adella Schmoll 11 RACE

12.41 Kaija Schneider 11 Alexandria
(40)
12.43 Xiaobao Liang 8 Math & Science Academy
12.44 Gabrielle Gerlach 12 Woodbury
12.44 Addison Hoof 11 Lester Prairie
12.44 Janiya Moore 12 Richfield
12.44 Sydney Ruckett 11 Minneapolis Washburn
12.45 Zeija Moore 7 Duluth Denfeld
12.45 Anya Schmidt 11 Rogers
12.46 Ka'Niyah Eberhardt 10 Simley
12.49 Delaney Nelson 10 Two Harbors
12.49 Brynn Rusing 11 Minnetonka
(50)
12.50 Savana Sanchez 11 Forest Lake
12.51 Jillian Miller 9 Edina
12.52 Abby Essler 9 Rosemount
12.52 Amira Fakier 7 St. Louis Park
12.52 Lulu McGarry 10 Track Minnesota Elite
12.56 Tamia Floyd 9 Robbinsdale Armstrong
12.56 Erika Salaski 10 St. Cloud Cathedral
12.57 Charlotte Kusch 12 St. Paul Central
12.58 Hayley Lentsch 12 Kenyon-Wanamingo-Goodh
12.59 Dakota Esget 11 North Branch Area
(60)
12.59 Avery Olson 11 Mound-Westonka
12.59 Allison Stacy 12 Maple Grove
12.60 Kiah Blalark 9 Lakeville North
12.61 Mila Bailey 9 Orono
12.61 Lys-Aurele d'Almeida 11 White Bear Lake Area
12.61 Clara Gerhard 9 Rochester Century
12.61 Najiona Shaw 9 St. Paul Como Park
12.62 Tayalekay Borh 9 Blaine
12.62 Tavashia Hill 12 Belle Plaine
12.62 Ella Paulson 12 Detroit Lakes
(70)

200 METER DASH

24.41 Zeal Kuku 11 Minnetonka
24.46 McKaylen Lewis 9 Math & Science Academy
24.52 Brooke Hohenecker 12 Providence Academy
24.53 Emelia Skistad 12 Monticello
24.60 Ava Phrakonkham 11 Bagley/Fosston
24.66 Emma Kvant 10 St. Michael-Albertville
24.88 Kendra Mehrkens 12 Thief River Falls
24.93 Brynn Bakken 9 Hills-Beaver Creek
24.97 Gabriella Keefer 11 St. Michael-Albertville
24.97 Lulu McGarry 10 Breck
(10)
25.03 Hannah Claussen 12 Blaine
25.03 Erika Vahhaji 11 Minneapolis Southwest
25.05 Hailey Hollar 12 River Valley
25.05 Liberty Quast 11 Stillwater Area
25.10 Ashley Fisher 12 Academy Of Holy Angels
25.11 Chantle Reiland 11 GMLOKS
25.11 Sydney Ruckett 11 Minneapolis Washburn
25.12 Janiya Moore 12 Richfield
25.13 Makayla Shipman 11 Champlin Park
25.15 Olivia Sauer 10 Foley
(20)
25.16 Taylor Kurtz 9 Rochester Mayo
25.21 Elliana Magnus 10 Hastings
25.22 Sasha Steinbach 12 Monticello
25.31 Sophia Thorsen 9 North Branch Area
25.37 Brianna Finnegan 11 Spring Lake Park
25.40 Paige Halder 12 Byron

25.41	Isabelle Reinders	10	Prior Lake	57.13	Addison Hoof	11	Lester Prairie
25.43	Tenley Senden	11	Wayzata	57.25	Zoe Lain	11	Sartell
25.44	Addison Hoof	11	Lester Prairie	57.28	Lulu McGarry	10	Breck School
25.47	Arabella Knudson	12	Kasson-Mantorville	57.44	Charlotte Kusch	12	St. Paul Central
(30)				57.50	Logan Webster	9	Minneapolis Southwest
25.49	Kiah Blalark	9	Lakeville North	57.51	Ari Riser	7	Stillwater Area
25.49	Clarissa Sauer	11	Cotter/Hope	57.57	Katrina Hitchen	10	Fertile-Beltrami
25.50	Molly Bennett	11	Edina	(20)			
25.51	Jackie Cole	12	Medford	57.60	Katelyn Wozniak	11	Blaine
25.52	Hope Dweh	10	Blaine	57.65	Eva Williams	8	Maple Grove
25.59	Addyson White	12	Prior Lake	57.72	Hayley Lentsch	12	Kenyon-Wanamingo-Goodh
25.59	Gabrielle Gerlach	12	Woodbury	57.74	Josie Hudson	9	Lakeville South
25.60	Hattie Anderson	10	Minneapolis Washburn	57.74	Addison Neitz	10	Wayzata
25.63	Logan Webster	10	Minneapolis Southwest	57.76	Paige Halder	12	Byron
25.66	Ruby Marble	10	Mankato West	57.86	Alison Krasky	11	Alexandria
(40)				57.88	Trinity Giddings	11	Two Harbors
25.67	Abby Essler	9	Rosemount	57.99	Mackenzie Laux	9	Maple Grove
25.69	Erika Salaski	10	St. Cloud Cathedral	57.99	Ava Ligtenberg	11	Eagan
25.69	Ameleon Yarbrough	11	Roseville Area	(30)			
25.70	Addison Beier	10	Foley	57.99	Olivia Thiele	11	Mahtomedi
25.70	Kendall Grate	9	Rosemount	58.03	Isabelle Schmitz	12	Hutchinson
25.70	Isabelle Kapanke	10	St. Croix Lutheran	58.05	Olivia Osonowo	10	Champlin Park
25.72	Cipriana Jones	11	Moorhead	58.07	Adriana Brenengen	11	Winona
25.77	Bella Naples	10	Chanhassen	58.10	Elliana Magnus	10	Hastings
25.77	Aliyah Adepoju	10	Blaine	58.27	Claire Kohler	12	Minnetonka
25.78	Olivia Thiele	11	Mahtomedi	58.44	Aubrey Lesnau	10	St. Cloud Cathedral
(50)				58.46	Noella Ross	10	Chaska
25.79	Jaelyn LaPlante	11	Chatfield	58.49	Kaia Fiskness	9	Hillcrest Lutheran Academy
25.84	Aaleyha Gulyard	8	Minnehaha Academy	58.49	Emelia Skistad	12	Monticello
25.84	Hayley Lentsch	12	Kenyon-Wanamingo-Goodh	(40)			
25.89	Anna Konsti	10	Concordia Academy	58.53	Josie Seehafer	11	Eagan
25.91	Kaela Skistad	11	Monticello	58.64	Amber Rosemeier	12	Benson/KMS
25.93	Mya Burgess	12	Hopkins	58.69	Delaney Holz	9	Prior Lake
25.95	Ayanna Zarlee	11	DeLaSalle	58.69	Xiaobao Liang	8	Math & Science Academy
25.97	Shamere Chatman	10	Park Center	58.74	Hope Kuechle	9	Eden Valley-Watkins/Kimball
25.97	Shiaflyn Cooper	9	Elk River	58.77	Marianah Scott	12	Farmington
25.97	Erin Spence	10	Academy Of Holy Angels	58.79	Jessica Haux	10	Wayzata
(60)				58.85	Olivia Sauer	10	Foley
25.98	Claire Stein	11	Two Rivers	58.91	Lauren Lansing	9	Farmington
26.00	Charlotte Kusch	12	St. Paul Central	59.01	Madelyn Faust	9	Chanhassen
26.03	Adriana Brenengen	11	Winona	(50)			
26.03	Grace Kowhegba	11	Blaine	59.02	Ryanne Andreen	9	Orono
26.03	Ashley Slaybaugh	11	Pequot Lakes	59.03	Ava Revoir	12	Duluth East
26.03	Grazina Troup	11	Minnehaha Academy	59.12	Isabelle Kapanke	10	St. Croix Lutheran
26.04	Trinity Giddings	11	Two Harbors	59.18	Emani Yarbrough	8	Roseville Area
26.06	Alaina Burney	10	Spectrum	59.22	Sydney Drevlow	11	Hopkins
26.07	Jennifer Heilman	12	Rogers	59.36	Mila Beitz	11	Minneapolis South
26.09	Ima Jones	11	Minnehaha Academy	59.39	Brynn Babich	10	Hibbing
(70)				59.40	Ella Kuhlman	11	North Branch Area
53.99	Emma Kvant	10	St. Michael-Albertville	59.41	Jasmine Sieben	12	Rocori
55.22	Sydney Ruckett	11	Minneapolis Washburn	59.48	Holly Varner	11	Eastview
55.60	Zeal Kuku	11	Minnetonka	(60)			
55.76	Isabelle Reinders	10	Prior Lake	59.50	Gianna Hansen	10	Proctor
55.90	Sophia Comfere	11	Rochester Century	59.57i	Addyson White	12	Prior Lake
56.35	Brooke Hohenecker	12	Providence Academy	59.60	Calia Chaney	12	Pequot Lakes
56.38	Kaela Skistad	11	Monticello	59.70	Taylor Kurtz	9	Rochester Mayo
56.53	Elika Vahhaji	11	Minneapolis Southwest	59.72	Arielle DeYoung	12	Forest Lake
56.69	Molly Bennett	11	Edina	59.73	Sarai Kieser	10	Concordia Academy
56.98	Olyvia Erickson	10	Hastings	59.73	Sophia Thorsen	9	North Branch Area
(10)				59.75	Julia Vega	10	St. Cloud Cathedral
56.99	Carly Hartwig	8	Tri-City United	59.76	Ella Dirks	9	St. Peter
57.01	Vanessa Jordan	11	Eden Prairie	59.82	Lilah Kurke	9	Byron
57.06	Karina Fischer	11	Stillwater Area	(70)			

800 METER RUN

2:09.44	Sydney Drevlow	11	Hopkins	(60)		
2:10.15	Evie Malec	9	Minnetonka	2:20.92	Taylor Tetner	8 Lakeville South
2:10.62	Isabelle Schmitz	12	Hutchinson	2:20.94	Isabel Mahoney	10 Monticello
2:11.53	Calia Chaney	12	Pequot Lakes	2:21.03	Lydia Kraker	12 Duluth East
2:12.08	Bridget Koller	11	Minnetonka	2:21.07	Tennyson Shultz	12 Minnehaha Academy
2:12.27	Noella Ross	10	Chaska	2:21.13	Sarah Vaske	11 Woodbury
2:12.28	Layla Vennink	11	Prior Lake	2:21.70	Abigail Smith	9 Centennial
2:12.72	Lauren Lansing	9	Farmington	2:21.78	Hannah Braun	11 Buffalo
2:13.03	Carsyn Brady	12	Owatonna	2:21.79	Natalie Drake	10 Roseville Area
2:13.26	Lauren Henkels	10	Mankato East	2:21.89	Paige Larsen	12 Rocori
(10)				2:21.91	Lydia Franson	11 East Ridge
2:14.11	Taleigha Bigler	10	Marshall	(70)		
2:14.30	Maddie LeSage	12	Howard Lake-Waverly-W	1600 METER RUN		
2:14.89	Ava Dunnigan	11	Moorhead	4:48.45	Isabelle Schmitz	12 Hutchinson
2:14.90	Maggie McEllistrem	12	Two Rivers	4:48.53	Evie Malec	9 Minnetonka
2:15.09	Calla Pike	10	Winona	4:52.70	Calia Chaney	12 Pequot Lakes
2:15.17	Lila Golomb	10	Wayzata	4:55.03	Lila Golomb	10 Wayzata
2:15.56	Julia Link	11	Wayzata	4:55.74	Madelyn Gullickson	10 Wayzata
2:15.57	Carley LaMotte	10	Burnsville	4:55.80	Laura McClary	11 St. Paul Central
2:15.71	Jaelyn Miller	12	Alexandria	4:56.13	Caitlyn Osanai	12 Robbinsdale Armstrong
2:15.77	Ella Dirks	9	St. Peter	4:57.11	Mia Hoffman	12 Bemidji
(20)				4:57.32	Sydney Drevlow	11 Hopkins
2:15.78	Keira Friedrich	10	St. Peter	4:57.60	Olivia Pauly	12 St. John's Prep
2:15.84	Lauren Klein	10	Centennial	(10)		
2:15.86	Alyson Kleyman	11	Wayzata	4:57.79	Norah Hushagen	11 Forest Lake
2:16.12	Brooklyn Becker	11	Faribault	4:58.17	Carley LaMotte	10 Burnsville
2:16.16	Audrey Brownell	10	Staples-Motley	4:58.60	Linnea Ousdigian	9 Mounds View
2:16.65	Laura McClary	11	St. Paul Central	4:58.85	Isabel Mahoney	10 Monticello
2:17.22	Maddie Gullickson	10	Wayzata	5:00.05	Mariah Fenske	12 Farmington
2:17.37	Ellie Moore	11	St. Paul Highland Park	5:00.46	Kylie Nelson	11
2:17.40	Kylie Nelson	11	Centennial	5:00.73	Audrey Brownell	10 Staples-Motley
2:17.58	Tara Hertling	11	Hibbing	5:00.93	Macy Hanson	11 Fairmont
(30)				5:00.97	Jaelyn Miller	12 Alexandria
2:17.60	Ava Ligtenberg	11	Eagan	5:02.01	Keira Friedrich	10 St. Peter
2:17.72	Lydia Eaton	10	Duluth East	(20)		
2:17.84	Kasey Soderholm	11	Alexandria	5:02.42	Maddie LeSage	12 Howard Lake-Waverly-W
2:17.89	Madison Wolle	12	Mankato East	5:02.81	Lydia Franson	11 East Ridge
2:18.07	Alexa Juntunen	9	Rogers	5:03.41	Lauren Eilers	11 Willmar
2:18.13	Jersey Miller	12	St. Louis Park	5:03.54	Marissa Long	12 Chanhassen
2:18.19	Ella Graham	12	Minnetonka	5:04.30	Annika Hall	8 Chisago Lakes
2:18.19	Addison Neitz	10	Wayzata	5:04.60	Gabrielle Wamre	12 Minnehaha Academy
2:18.19	April Watson	10	Maple Grove	5:05.23	Alivia Thompson	10 Bemidji
2:18.46	Alivia Thompson	10	Bemidji	5:05.79	Citori Halbe	10 Alexandria
(40)				5:05.88	Ryana Mathis	12 Rochester John Marshall
2:18.60	Mia Hoffman	12	Bemidji	5:06.24	Alyson Kleyman	11 Wayzata
2:18.87	Anne Peterson	8	Providence Academy	(30)		
2:19.10	Carlie Blevins	12	Proctor	5:06.40	Layla Vennink	11 Prior Lake
2:19.21	Caitlyn Osanai	12	Robbinsdale Armstrong	5:07.02	Allyson Sample	12 Marshall
2:19.28	Tilia Iverson	12	Roseville Area	5:07.53	Kasey Soderholm	11 Alexandria
2:19.28	Taylor Walsh	10	Orono	5:08.19	Noella Ross	10 Chaska
2:19.40	Hanna Wilsey	12	St. Louis Park	5:08.28	Abigail Tri	9 Rochester John Marshall
2:19.43	Megan Schrooten	11	Bloomington Jefferson	5:08.61	Olivia Minear	12 Annandale
2:19.54	Logan Webster	9	Minneapolis Southwest	5:08.70	Sarah Vaske	11 Woodbury
2:19.56	Zili Lenzner	9	St. Cloud Apollo	5:08.71	Jenna DeBates	12 Luverne
(50)				5:08.96	Erica Kazin	12 Delano
2:19.85	Citori Halbe	10	Alexandria	5:09.82	Ava Dunnigan	11 Moorhead
2:19.93	Lucy Saari	8	Forest Lake	(40)		
2:20.17	Brookelyn Kuechle	12	Eden Valley-Watkins/Kimball	5:09.82	Jazleen Malherek-Osorio	10 Wayzata
2:20.31	Izzy Kraemer	10	Rocori	5:10.34	Sonja Semling	11 Cotter/Hope
2:20.40	Lucille Hugunin	11	Minneapolis Southwest	5:10.37	Abigail Hibbs	11 Champlin Park
2:20.48	Lindsey Rotz	12	Barnesville	5:10.40	Kaia Osmundson	11 Chisago Lakes
2:20.62	Sophia Blanck	11	Brainerd	5:10.46	Jules Davis	12 Osseo
2:20.80	Braelyn Merritt	12	Canby/Minneota	5:10.81	Carsyn Brady	12 Owatonna
2:20.85	Lauren Eilers	11	Willmar	5:11.72	Willemijn Leiner	12 Rochester Mayo
2:20.88	Marissa Long	12	Chanhassen			

5:11.95	Avery Marasco-Johnson	11	Minnetonka	11:10.80	Sonja Semling	11	Cotter/Hope
5:12.65	Mileena Sullivan	12	Hibbing	11:10.91	Natalie Wees	12	Eastview
5:12.79	Brooke Marquardt	11	Prior Lake	11:11.35	Olivia Brinkman	11	Edina
(50)				11:11.55	Erica Kazin	12	Delano
5:13.05	Jersey Miller	12	St. Louis Park	11:12.35	Alyson Kleyman	11	Wayzata
5:13.12	Emmi Ihry	7	Climax-Fisher-Sacred Heart	11:15.07	Nora Hanson	10	Red Wing
5:13.46	Avery Cuper	12	Robbinsdale Armstrong	(40)			
5:13.57	Nora Hanson	10	Red Wing	11:15.72	Keira Friedrich	10	St. Peter
5:13.83	Adde Rohrer	9	Spring Lake Park	11:18.09	Hannah Boese	10	Spectrum
5:13.87	Mackenzie Laux	9	Maple Grove	11:18.24	Kendra Swanson	9	Northwest Nighthawks
5:14.41	Julia Link	11	Wayzata	11:18.30	Emmi Ihry	7	Climax-Fisher-Sacred Heart
5:14.53	Brynn Beardsley	10	Faribault	11:18.54	Keira Bell	7	Minneapolis Southwest
5:14.69	Chloe Kissell	10	Wayzata	11:18.90i	Carley LaMotte	10	Burnsville
5:14.78	April Watson	10	Maple Grove	11:20.21	Emily Baker	12	Zimmerman
(60)				11:20.33	Jocelyn Strukel	12	Hibbing
5:14.80	Lindsey Rotz	12	Barnesville	11:20.85	Kienna Loberg	9	Eastview
5:14.83	Madelyn Miller	11	Brainerd	11:21.25	Jaelyn Miller	12	Alexandria
5:14.83	Ellie Moore	11	St. Paul Highland Park	(50)			
5:14.85	Jocelyn Strukel	12	Hibbing	11:22.05	Grace Lewis-Mosher	11	St. Paul Highland Park
5:14.92	Audrey Haugen	10	Kenyon-Wanamingo-Goodh	11:23.81	Maddie LeSage	12	Howard Lake-Waverly-W
5:15.19	Brynlee Wegener	7	Blaine	11:24.34	Brooke Marquardt	11	Prior Lake
5:15.59	Mya Werner	10	Delano	11:25.18	Estee Versteeg	10	Fergus Falls
5:15.95	Hannah Rodemeyer	8	Woodbury	11:25.71	Chloe Kissell	10	Wayzata
5:15.95	Estee Versteeg	10	Fergus Falls	11:26.02	Cassie Wellman	9	Fergus Falls
5:16.14	Tara Hertling	11	Hibbing	11:26.06	Greta Long	12	Intl School/Eagle Ridge Acad
(70)				11:26.11	Lydia Franson	11	East Ridge
				11:26.15	Louise Ruzanic	11	St. John's Prep
				11:26.80	Sophie Sannes-Eckhoff	12	Edina

3200 METER RUN

10:24.14	Isabelle Schmitz	12	Hutchinson	11:26.80	Sophie Sannes-Eckhoff	12	Edina
10:29.78	Mia Hoffman	12	Bemidji-MN	(60)			
10:32.49	Isabel Mahoney	10	Monticello	11:27.30	Lizzy Harnell	11	Proctor
10:39.67	Madelyn Gullickson	10	Wayzata	11:27.37	Kyanna Burton	12	Staples-Motley
10:40.50	Caitlyn Osanai	12	Robbinsdale Armstrong	11:27.50	Kyra Martin	12	Minnetonka
10:42.79	Evie Malec	9	Minnetonka	11:27.85	Charlotte Meyer	7	Loyola-Cleveland-St. Clair
10:43.89	Lila Golomb	10	Wayzata	11:28.0h	Clara Schad	12	St. Cloud Cathedral
10:44.95	Norah Hushagen	11	Forest Lake	11:28.50	Annika Midness	10	Minneapolis Southwest
10:49.79	Laura McClary	11	St. Paul Central	11:28.67	Avery Cuper	12	Robbinsdale Armstrong
10:49.97	Abigail Hibbs	11	Champlin Park	11:30.32	Megan Snider	9	Mounds Park Academy
(10)				11:31.32	Sasha Wahman	9	Duluth East
10:50.02	Abigail Tri	9	Rochester John Marshall	11:31.52	Mileena Sullivan	12	Hibbing
10:50.94	Linnea Ousdigian	9	Mounds View	(70)			
10:51.24	Avery Marasco-Johnson	11	Minnetonka	100 METER HIGH HURDLES (33")			
10:51.25	Marissa Long	12	Chanhassen	13.86	Claire Kohler	12	Minnetonka
10:52.85	Olivia Pauly	12	St. John's Prep	14.49	Naomi Moore	11	Simley
10:53.04	Macy Hanson	11	Fairmont	14.55	Carlee Kordosky	11	Hastings
10:53.12	Rowan Bixler	12	Duluth East	14.65	Eva Welsch	10	Lakeville South
10:53.36	Allyson Sample	12	Marshall	14.71	Payton McKnight	10	Andover
10:53.66	Annika Hall	8	Chisago Lakes	14.76	Maddyn Greenway	10	Providence Academy
10:54.09	Lilah Bartels	11	Eagan	14.76	Luca Wales	12	A-B-E
(20)				14.83	Laila Moses	9	DeLaSalle
10:54.53	Audrey Brownell	10	Staples-Motley	14.87	Nyebol Jock	12	Coon Rapids
10:56.76	Kylie Nelson	11	Centennial	14.92	Rylee Johnson	12	Detroit Lakes
10:59.60	Jazleen Malherek-Osorio	10	Wayzata	(10)			
11:00.27	Emily Mehta	12	Mounds View	14.93	Addyson White	12	Prior Lake
11:04.74	Lauren Eilers	11	Willmar	14.97	Brooklyn Flatau	11	Waseca
11:04.78	Jenna DeBates	12	Luverne	15.00	Elizabeth Tuttle	10	St. Paul Academy & SS
11:05.33	Gabrielle Wamre	12	Minnehaha Academy	15.02	Jacqueline Bergeron	12	St. Michael-Albertville
11:05.79	Citori Halbe	10	Alexandria	15.04	Mariah Willard	12	Trinity School at River Ridge
11:07.50	Mariah Fenske	12	Farmington	15.06	Ellie Volkers	12	Tartan
11:08.42	Calia Chaney	12	Pequot Lakes	15.19	Kyra Marshall	12	Mounds View
(30)				15.26	Alexis Urbick	11	Winona
11:09.06	Jules Davis	12	Osseo	15.27	Aubryana Boldt	10	Rushford-Peterson/Houston
11:09.12	Mya Werner	10	Delano	15.27	Adella Schmoll	11	RACE
11:09.84	Claire Vukovics	11	Lakeville South	(20)			
11:10.53	Sarah Vaske	11	Woodbury	15.28	Praise Akinyele	11	Hopkins

15.30	Gracie Foster	10	GMLOKS	45.20	Hope Wells	11	Osseo
15.34	Kenlie Blom	9	Atwater-Cosmos-Grove City	(10)			
15.34	Evelyn Olberding	10	Delano	45.22	Nyebol Jock	12	Coon Rapids
15.34	Laura Thauvin	12	Mankato East	45.26	Adella Schmoll	11	RACE
15.36	Kacie Claessens	10	Shakopee	45.28	Elena Hartung	11	Pine Island
15.37	Anna McKinney	12	Minnetonka	45.43	Laila Moses	9	DeLaSalle
15.41	Elena Hartung	11	Pine Island	45.48	Hannah Pederson	12	West Marshall
15.45	Leah DiNardo	11	Minnehaha Academy	45.50	Payton McKnight	10	Andover
15.48	Breeley Galle	10	GMLOKS	45.53	Hannah Bingham	12	Cambridge-Isanti
(30)				45.55	Avery Sandmann	11	Lakeville South
15.53	Rilee Breth	10	Holdingford/Upsala	45.60	Sidney Albright	12	Blake
15.54	Mina Nguyen	12	Eastview	45.66	Alexis Urbick	11	Winona
15.58	Shaeyna Andreotti	12	North Branch Area	(20)			
15.61	Hannah Bingham	12	Cambridge-Isanti	45.68	Ellie Volkers	12	Tartan
15.61	Ellyana Prairie	11	Spring Lake Park	45.70	Jocelyn Zoller	11	Eden Valley-Watkins/Kimball
15.67	Chok Bol	11	Austin	45.71	Mariah Willard	12	Trinity School at River Ridge
15.67	Tookie Harris	11	Robbinsdale Armstrong	45.81	Makenzie Lynch	9	Cloquet
15.68	Michaela Zenz	11	Concordia Academy	45.85	Ella Martens	11	Stillwater Area
15.69	Meaghan Knight	11	St. Louis Park	45.85	Maya Woods	11	Park Center
15.69	Sydney Livingston	9	Northfield	45.90	Rilee Breth	10	Holdingford/Upsala
(40)				45.91	Kylee Loren	8	PACT/Legacy
15.69	Jocelyn Zoller	11	Eden Valley-Watkins/Kimball	46.01	Kyra Marshall	12	Mounds View
15.70	Miller Munoz	12	Faribault	46.01	Lucea Wales	12	A-B-E
15.71	Ruby Gustofson	10	Sauk Rapids-Rice	(30)			
15.71	Sadie Sanders	11	Lake City	46.02	Sophia Vogel	11	Central Minnesota Christian
15.80	Kayla Heinonen	10	Delano	46.13	Emma Oden	12	Farmington
15.81	Juslene Chea	11	St. Michael-Albertville	46.25	Anna McKinney	12	Minnetonka
15.82	Mackenzie Lovejoy	12	Robbinsdale Armstrong	46.35	Emily Beaham	11	Northfield
15.82	Augusta Papik	11	Luverne	46.35	Reinha John	9	Luverne
15.83	Hailey Proshek	8	New Prague	46.39	Violette Metz	10	Pillager
15.84	Addison Gulbranson	11	Alexandria	46.40	Ava Noble	10	Benson/KMS
(50)				46.46	Sophia Korynta	12	Alexandria
15.84	Grace Jacobson	11	Mankato West	46.66	Sarah Labarere	10	Rosemount
15.85	Ava Noble	10	Benson/KMS	46.67	Ava Bringgold	11	Chisago Lakes
15.86	Kennedy Detloff	7	Perham	(40)			
15.86	Allison Richter	9	Mounds View	46.78	Ellyana Prairie	11	Spring Lake Park
15.86	Kailey Thompson	11	Becker	46.80	Olivia Muehlstedt	10	Minnetonka
15.87	Makenzie Lynch	9	Cloquet	46.81	Allison Richter	9	Mounds View
15.90	Lauren Mutschler	10	Maple River	47.00	Praise Akinyele	11	Hopkins
15.94	Kendall Barnes	12	East Ridge	47.02	Estelle Atkinson	12	Orono
15.94	Allison Gladen	12	Pequot Lakes	47.03	Carsyn Brady	12	Owatonna
15.94	Sophia Vogel	11	Central Minnesota Christian	47.07	Lauryn Ankeny	10	Minnewaska Area
(60)				47.08	Josette Andresen	9	Minneapolis Southwest
15.95	Annika Bruce	12	Providence Academy	47.08	Kaitlyn Wercinski	12	Southwest Christian
15.95	Stella Garcia	9	Rosemount	47.12	Olivia Weber	11	Triton
15.95	Anna Stockton	8	Red Wing	(50)			
15.96	Cecelia Borsay	12	Robbinsdale Armstrong	47.12	Kailey Thompson	11	Becker
15.97	Brooke Engelbrekt	12	Eden Prairie	47.16	Shaeyna Andreotti	12	North Branch Area
15.98	Shali Anderson	12	East Grand Forks	47.24	Brooklyn Flatau	11	Waseca
15.98	Josette Andresen	9	Minneapolis Southwest	47.24	Nell Gibbs	11	Faribault
16.00	Ella Walker	12	Proctor	47.31	Kendall Barnes	12	East Ridge
16.00	Jayda Wilson	10	Roseville Area	47.32	Lillian Koenig	11	Princeton
16.02	Kadrin Dwyer	12	Rosemount	47.34	Azelle Besemann	10	Irondale
(70)				47.42	Ruby Eskin	12	Roseville Area
				47.42	Alivia Uselding	10	Orono
				47.44	Emily Podulke	12	Hastings
300 METER LOW HURDLES				(60)			
42.16	Claire Kohler	12	Minnetonka	47.45	Teagan Earley	9	Zimmerman
42.57	Addyson White	12	Prior Lake	47.48	Maddie Huiras	11	Loyola-Cleveland-St. Clair
43.82	Maddyn Greenway	10	Providence Academy	47.49	Evelyn Nydegger	12	New Richland-H-E-G
44.10	Naomi Moore	11	Simley	47.56	Svea Frantzich	11	Breck School
44.15	Leah DiNardo	11	Minnehaha Academy	47.56	Natalie Smith	10	Brainerd
44.19	Jessica Haux	10	Wayzata	47.58	Sadie Sanders	11	Lake City
44.34	Carlee Kordosky	11	Hastings	47.60	Tookie Harris	11	Robbinsdale Armstrong
44.79	Elizabeth Tuttle	10	St. Paul Academy & SS	47.61	Erin Eilers	11	Willmar
44.82	Chloe Angerman	11	Minneapolis Washburn				

47.73 Grace Jacobson 11 Mankato West
47.74 Kenlie Blom 9 Atwater-Cosmos-Grove City
47.74 Sierra McCuddin 11 Lakeville North
(71)

4x100 METER RELAY

47.82 Champlin Park (Easley, Shipman, Wilson, Osonowo)
47.95 Minnetonka
47.99 Moorhead
48.24 DeLaSalle
48.24 Lakeville North
48.53 Rosemount
48.54 Wayzata
48.55 Stillwater
48.58 Monticello
48.63 Academy of Holy Angels
(10)
48.66 Spring Lake Park
48.67 Lakeville South
48.69 Mankato West
48.69 Byron
48.70 Simley
48.76 Saint Michael-Albertville
48.78 Blaine
48.79 Roseville Area
48.80 Woodbury
48.84 Bagley
(20)
48.93 Rogers
49.20 Alexandria
49.27 Chatfield
49.29 Rocori
49.33 Mankato East
49.35 Osseo
49.36 Kasson-Mantorville
49.46 Park Center
49.46 Richfield
49.53 Pequot Lakes
(30)
49.63 Rochester Century
49.64 Mounds View
49.72 Minnehaha Academy
49.73 Cotter Schools
49.91 Maple Grove
49.92 Royalton
49.93 Hastings
49.93 Robbinsdale Armstrong
49.96 Detroit Lakes
50.00 South Saint Paul
(40)
50.01 North Branch
50.05 Eastview
50.06 Edina
50.12 Minneapolis Washburn
50.18 Hopkins
50.23 Eden Prairie
50.23 Chisago Lakes Area
50.23 Buffalo
50.23 Fergus Falls
50.26 Forest Lake Area
(50)
50.30 Belle Plaine
50.33 White Bear Lake
50.37 Faribault
50.37 Concordia Academy

50.40 New London-Spicer
50.43 Apple Valley
50.45 Southwest Christian School
50.48 Shakopee
50.50 Sartell-Saint Stephen
50.52 Paynesville Area
(60)
50.55 Rochester John Marshall
50.55 Owatonna
50.56 Waterville-Elysian-Morristown
50.58 Rochester Mayo
50.61 Hope Lutheran
50.63 Two Harbors
50.67 Pine Island
50.67 Eagan
50.69 Stephen-Argyle Central
50.70 Becker
(70)

4x200 METER RELAY

1:39.43 Monticello (Steinbach, Lilledahl, K Skistad, E Skistad)
1:40.06 Saint Michael-Albertville
1:40.47 Blaine
1:40.55 Champlin Park
1:41.01 Minnetonka
1:41.42 North Branch
1:41.52 Eden Prairie
1:41.57 Wayzata
1:41.65 Academy of Holy Angels
1:41.98 Prior Lake
(10)
1:42.23 Rochester Century
1:42.24 Roseville Area
1:42.50 Byron
1:42.74 Foley
1:42.75 Rosemount
1:43.39 Pequot Lakes
1:43.50 Mankato West
1:43.57 Alexandria
1:43.60 Cotter Schools
1:43.79 Rogers
(20)
1:43.80 Chatfield
1:43.83 Eastview
1:44.23 Hastings
1:44.43 Stillwater
1:44.56 Brainerd
1:44.66 Chanhassen
1:44.92 Grand Meadow
1:44.95 Concordia Academy
1:44.98 South Saint Paul
1:45.02 Lakeville South
(30)
1:45.02 Saint Cloud Cathedral
1:45.03 Providence Academy
1:45.22 Legacy Christian School
1:45.28 White Bear Lake
1:45.34 Eden Valley-Watkins
1:45.44 Duluth East
1:45.49 Mankato East
1:45.50 Apple Valley
1:45.51 Edina
1:45.54 Minneapolis Washburn
(40)

1:45.63 Maple Lake
1:45.78 Tri-City United
1:45.90 Osseo
1:45.96 Two Rivers
1:45.97 North Saint Paul
1:46.05 Stephen-Argyle Central
1:46.21 Mounds View
1:46.35 Thief River Falls
1:46.40 Rocori
1:46.48 Spring Lake Park
(50)
1:46.58 Redwood Valley
1:46.59 Chisago Lakes Area
1:46.85 Minnehaha Academy
1:46.94 Red Wing
1:46.95 Mahtomedi
1:46.98 Robbinsdale Armstrong
1:47.02 Lakeville North
1:47.08 Maple Grove
1:47.08 Rochester Mayo
1:47.11 Hope Lutheran
(60)
1:47.12 Moorhead
1:47.15 Hopkins
1:47.35 Andover
1:47.38 Caledonia
1:47.48 Saint Anthony Village
1:47.55 Annandale
1:47.56 Irondale
1:47.60 Holdingford
1:47.74 Canby
1:47.74 Janesville-Waldorf-Pemberton
(70)

4x400 METER RELAY

3:48.20 Minnetonka (Kuku, Malec, Koller, Kohler)
3:52.67 Prior Lake
3:54.98 Wayzata
3:56.24 Rochester Century
3:57.06 Maple Grove
3:57.46 Edina
3:57.62 Blaine
3:57.64 Sartell-Saint Stephen
3:57.68 Stillwater
3:57.95 Eagan
(10)
3:58.09 Hastings
3:58.17 Pequot Lakes
3:58.71 Roseville Area
3:58.76 Lakeville North
3:59.35 North Branch
3:59.61 Byron
4:00.09 Mankato East
4:00.24 Alexandria
4:00.46 Mankato West
4:01.39 Lakeville South
(20)
4:01.77 South Saint Paul
4:02.19 Marshall
4:02.42 Farmington
4:02.48 Eden Valley-Watkins
4:02.68 Sleepy Eye
4:02.74 Duluth East
4:03.08 Eden Prairie
4:03.23 Foley

4:03.30 Centennial
4:03.30 Winona
(30)
4:03.41 Buffalo
4:03.56 Minnehaha Academy
4:03.75 Rocori
4:03.84 Cloquet
4:04.08 Orono
4:04.26 Providence Academy
4:04.74 Saint Cloud Apollo
4:04.80 Monticello
4:04.85 Brainerd
4:05.00 Two Rivers
(40)
4:05.23 Rochester Mayo
4:05.96 Minneapolis Washburn
4:05.99 MACCRAY
4:06.02 Tri-City United
4:06.20 Legacy Christian School
4:06.55 Rogers
4:06.68 Belle Plaine
4:07.20 Saint Charles
4:07.24 Cotter Schools
4:07.27 Willmar
(50)
4:07.48 Frazee
4:07.55 Holdingford
4:07.60 Saint Cloud Cathedral
4:07.65 Saint Croix Preparatory Academy
4:07.80 Hopkins
4:07.94 Chanhassen
4:08.39 Lake City
4:08.43 Andover
4:08.55 Fillmore Central
4:09.02 Forest Lake Area
(60)
4:09.04 Perham
4:09.30 Mounds View
4:09.48 Minneapolis Southwest
4:09.64 Canby
4:09.68 Moorhead
4:09.90 Hibbing
4:10.04 Park Rapids Area
4:10.14 Blake
4:10.15 Hawley
4:10.17 Becker
(70)

4x800 METER RELAY

9:11.35 Minnetonka (Marasco-Johnson, Muehlstedt, Graham,
9:11.93 Wayzata Koller)
9:14.93 Mankato East
9:15.45 Lakeville South
9:18.32 Marshall
9:20.15 Centennial
9:21.49 Alexandria
9:21.54 Maple Grove
9:23.21 Eagan
9:24.61 Buffalo
(10)
9:24.87 Forest Lake Area
9:25.62 Brainerd
9:25.68 Prior Lake
9:28.52 Two Rivers
9:30.47 Hibbing

9:31.90	Farmington	43' 11.75"	Anya Schmidt	11	Rogers
9:32.15	Saint Paul Highland Park	43' 9.25"	Jayda Kolstoe	10	Minnewaska Area
9:33.25	Duluth East	42' 8.5"	Trinity Wilson	12	Lakeville North
9:35.22	Rocori	41' 10.25"	Amelia Davis	12	Pequot Lakes
9:35.97	Orono	41' 5"	Katie Kelzenberg	11	Wayzata
(20)		40' 9.5"	Nina Thomas	10	Osseo
9:35.97	Woodbury	40' 9.5"	Aria Garrett	10	Dilworth-Glyndon-Felton
9:36.17	Rochester Century	40' 7.5"	Temitope Amusan	9	Rochester Century
9:36.26	Saint John's Preparatory School	40' 7"	Alaina French	11	Northfield
9:36.72	Lakeville North	40' 6.5"	Lydia Oldenkamp	11	Alexandria
9:36.93	Saint Michael-Albertville	(10)			
9:37.99	Owatonna	40' 3.75"	Harlow Berger	10	Mahtomedi
9:38.24	Rochester Lourdes	40' 3"	Arabella Sutch	12	Spring Lake Park
9:38.45	Delano	40' 1"	Lydia Lakanen	12	Anoka
9:38.59	Proctor	39' 10"	Brianna Schneider	11	Rocori
9:39.47	Fergus Falls	39' 7"	Kyleah Miller	10	Owatonna
(30)		39' 6.75"	Maja Henslin	12	Forest Lake
9:39.87	Lake City	39' 6.5"	Lexy Foster	12	GMLOKS
9:39.97	Becker	39' 6"	Shay Berlin-Burns	12	Winona
9:41.13	Roseville Area	39' 4"	Lexi Koch	12	Howard Lake-Waverly-W
9:41.37	Winona	39' 1.75"	Amari Rouse	12	Roseville Area
9:41.42	Northfield	(20)			
9:42.71	Albany	39' 0.25"	Kate Flicek	12	Lakeville South
9:42.87	Perham	38' 11.5"	McKinley Folland	11	Kittson County Central
9:43.74	Sleepy Eye	38' 11"	Genevieve Dabout	11	Spring Lake Park
9:44.06	Faribault	38' 10.75"	Elise Maggaard	12	Alexandria
9:44.14	Canby	38' 8.75"	Alexis Fahey	10	Forest Lake
(40)		38' 8.25"	Alexa Bush	12	Mankato West
9:44.59	Saint Peter	38' 8"	Brooklyn Mitchell	10	La Crescent-Hokah
9:45.09	Mounds View	38' 7.25"	Sylvia Boyum	10	Stillwater Area
9:47.78	Saint Louis Park	38' 3.75"	Grace Schmidt	12	Litchfield
9:48.68	Saint Cloud Cathedral	38' 3.5"	Keira McCord	12	Concordia Academy
9:48.81	Minnewaska Area	(30)			
9:49.40	Redwood Valley	38' 3.5"	Aadra Peterson	11	Eagan
9:49.64	Bertha-Hewitt	38' 2.5"	Yonna Harris	11	Mankato East
9:52.29	Hopkins	38' 1"	Gracie Gallagher	11	Border West
9:52.77	Eastview	38' 0.5"	Amaya Pahl	10	Lakeville South
9:53.78	Hawley	38' 0"	Laura Carlson	11	Chisago Lakes
(50)		37' 11.5"	Jada Henrikson	11	Farmington
9:54.18	Fillmore Central	37' 11.5"	Lena Roubinek	12	Pine City
9:56.00	Bloomington Jefferson	37' 9.25"	Mallory Czinano	12	Watertown-Mayer
9:56.34	Fisher	37' 9"	Allison Banse	12	Mankato West
9:56.73	Byron	37' 9"	Ella Duevel	12	Foley
9:56.88	Zimmerman	(40)			
9:57.40	Waseca	37' 8.75"	Georgia Mundt	12	Lewiston-Altura
9:57.97	Saint Paul Academy and Summit School	37' 8"	Karen Enow	10	White Bear Lake Area
9:58.35	Sibley East	37' 5.75"	Ellie Ortega	11	Fairmont
9:58.40	Mankato West	37' 5.5"	Dakota Moske	12	Parkers Prairie
9:58.49	Legacy Christian School	37' 4"	Emma Korinek	11	Concordia Academy
(60)		37' 4"	Ava Mertesdorf	11	Byron
9:59.75	New Prague	37' 2"	Ava Hoffman	10	Jordan
10:00.51	MACCRAY	37' 2"	Reese Kuklinski	11	Esko
10:01.89	Waconia	37' 1.5"	Ashlyn Pelant	11	Waterville-Elysian-M
10:01.97	Providence Academy	37' 1"	Jasmine Cummings	12	Andover
10:02.32	Osseo	(50)			
10:03.13	Park Rapids Area	36' 11.75"	Jocelyn Barron	12	SW MN Christian / Edgerton
10:03.27	Pine City	36' 11.5"	Paige Gillingham	11	Marshall
10:03.72	Lanesboro	36' 11.25"	Miyah Gunter	10	Blaine
10:03.85	Saint Anthony Village	36' 10.75"	Ava Mack	11	Robbinsdale Armstrong
10:04.57	Hillcrest Lutheran Academy	36' 10.75"	Andrea Rodenwald	12	Buffalo
(70)		36' 10"	Shayna Collier-Phillips	11	Apple Valley
		36' 10"	Breanna Subbert	11	Hayfield
		36' 10"	Ella Theobald	10	Stewartville
		36' 9.25"	Lauren Whitfield	11	Hastings
		36' 9"	Inga Johnson	12	Northfield

FIELD EVENTS - 2024

SHOT PUT

(60)			
36' 9"	Kalea Sartori	11	Waseca
36' 8"	Brooke Mushatt	12	Sauk Rapids-Rice
36' 7.5"	Annaka Bogenholm	12	Barnum
36' 7"	Ellie Martin	11	Belle Plaine
36' 4.5"	Greta Solem	10	Spring Lake Park
36' 3.25"	Emma Flugum	8	Rosemount
36' 2.25"	Amaria Sowada	12	Alexandria
36' 2"	Kiana Hilary	11	Elk River
36' 2"	Isabella Novak	11	Andover
36' 1.5"	Taya Johnson	8	Luverne
(70)			

DISCUS THROW

154' 11"	Alexis Fahey	10	Forest Lake
139' 9"	Katie Kelzenberg	11	Wayzata
137' 11"	Elise Magaard	12	Alexandria
135' 7"	Allison LaVine	11	Clearbrook-Gonvick
135' 6"	Anya Schmidt	11	Rogers
134' 2"	Nina Thomas	10	Osseo
131' 1"	Brooke Mushatt	12	Sauk Rapids-Rice
130' 10"	Joelle Kurus	12	Hopkins
130' 9"	Lauren Whitfield	11	Hastings
130' 7"	Ella Duevel	12	Foley

(10)			
130' 6"	Shay Berlin-Burns	12	Winona
129' 7"	Arabella Sutch	12	Spring Lake Park
128' 6"	Alexis Rathje	11	St. Croix Lutheran
128' 6"	Annaka Bogenholm	12	Barnum
127' 7"	Aria Garrett	10	Dilworth-Glyndon-Felton
127' 5"	Ava Mack	11	Robbinsdale Armstrong
126' 8"	Trinity Wilson	12	Lakeville North
125' 9"	Grace Schmidt	12	Litchfield
125' 6"	Lexy Foster	12	GMLOKS
125' 4"	Ella Theobald	10	Stewartville

(20)			
124' 11"	Kate Flicek	12	Lakeville South
124' 11"	Amaria Sowada	12	Alexandria
124' 11"	Ellie Welch	12	Pelican Rapids
124' 10"	Keira McCord	12	Concordia Academy
124' 8"	Georgia Mundt	12	Lewiston-Altura
124' 6"	Maya Wagner	12	Alexandria
123' 11"	Lydia Lakanen	12	Anoka
123' 6"	Allison Banse	12	Mankato West
123' 2"	Kiera Christensen	11	Alexandria
122' 5"	Gracie Gallagher	11	Border West

(30)			
122' 4"	Avery Fullerton-Anderson	10	Wayzata
122' 3"	Chloe Mueffelmann	12	Rocori
122' 0"	Ajene Moore	10	North HS
122' 0"	Brianna Schneider	11	Rocori
121' 6"	Keira Windish	12	White Bear Lake Area
121' 4"	Sarah Hartung	10	Park Rapids Area
120' 10"	Ava Halvorson	11	Ogilvie
120' 10"	Chloe Peterson	12	St. Michael-Albertville
120' 1"	Alaina French	11	Northfield
119' 10"	Yonna Harris	11	Mankato East

(40)			
119' 9"	Katelin Flack	12	LCWM-Nicollet
119' 4"	Nyalual Chan	12	Owatonna
119' 3"	Jada Henrikson	11	Farmington
118' 11"	Alexa Bush	12	Mankato West
118' 5"	Olivia Bills	11	Rosemount
117' 11"	Lucille Hanson	12	Spectrum
117' 9"	Kalea Sartori	11	Waseca

117' 5"	Sloane Hennen	11	Shakopee
117' 4"	Amaya Pahl	10	Lakeville South
117' 2"	Krysti Achu-Chick	12	Rogers
(50)			
117' 1"	Lydia Oldenkamp	11	Alexandria
117' 0"	Emily Marquis	10	West Marshall
116' 10"	Madeline Staley	12	Rosemount
116' 9"	Alysse Hollister	10	Mounds View
116' 7"	Jinet Demanou	10	White Bear Lake Area
116' 3"	Rylee Kimmes	11	Hastings
115' 10"	Autumn Wadewitz	10	Winona
115' 1"	Mirabelle Enz	12	Moorhead
114' 8"	Kaylie Cox	12	St. Michael-Albertville
114' 8"	Lily Doughty	12	Mora

(60)			
114' 7"	Kadence Joseph	10	Robbinsdale Armstrong
114' 3"	Inga Johnson	12	Northfield
113' 10"	Vanessa Wright	12	Eastview
113' 8"	Ella Olson	12	Dilworth-Glyndon-Felton
113' 8"	Cloe Williams	12	New London-Spicer
113' 7"	Kammry Broadwater	12	Lanesboro-Fillmore C-M-C
113' 5"	Ava Luiten	10	Cloquet
113' 2"	Morgan Akason	11	Rosemount
113' 1"	Julia Kubes	11	New Prague
112' 11"	Chloe Luttkke	12	United South Central/A-C
112' 11"	Kaylin Visser	9	Ely

(71)			
POLE VAULT			
12' 4"	Gracie Morris	10	Perham
12' 3"	Jayda Wilson	10	Roseville Area
12' 0"	Taylor Bockoven	10	Milaca
12' 0"	Rylie Hansen	11	Mankato East
11' 9"	Jacqueline Bergeron	12	St. Michael-Albertville
11' 9"	Riley Sater	11	LeSueur-Henderson/MNCS
11' 6"	Ava Bruegger	11	New Prague
11' 6"	Ella Dick	10	North Branch Area
11' 6"	Lauren Woelfel	12	Becker
11' 5.75"	Peyton Taylor	9	Eagan

(10)			
11' 5"	Lilian Sather	12	Chanhassen
11' 5"	Makayla Miles	12	Forest Lake
11' 4"	Annaliese Cundiff	12	Prior Lake
11' 3"	Autumn Deutz	10	Marshall
11' 3"	Megan Hartwig	11	Moorhead
11' 3"	Lyndi Koosman	12	Willmar
11' 1"	Addison Armstrong	12	Blue Earth Area
11' 1"	Lauren Mutschler	10	Maple River
11' 1"	Ava Novak	12	Foley
11' 0"	Macie Beall	12	Anoka

(20)			
11' 0"	Reese Bowers	11	Concordia Academy
11' 0"	Maria Byrnes	12	Anoka
11' 0"	Summer Davis	12	Rosemount
11' 0"	Josie Eveslage	9	Melrose Area
11' 0"	Lauren Honken	12	Rushford-Peterson/Houston
11' 0"	Tiffanie Huynh	12	Spring Lake Park
11' 0"	Abigail Kryzer	11	Cambridge-Isanti
11' 0"	Olivia Nedved	9	Andover
11' 0"	Daphne Such	11	Bloomington Kennedy
11' 0"	Harley Wock	11	Minnetonka

(30)			
10' 11"	Ellyana Stamp	11	Forest Lake
10' 10"	Madeline Kaufman	12	Eden Prairie
10' 9"	Emma Johnson	12	Owatonna

10' 9"	Brooke Wisdom	12	Academy Of Holy Angels	5' 5"i	Ava Phrakonkham	11	Bagley/Fosston
10' 8"	Jada Dahlheimer	12	St. Michael-Albertville	5' 5"	Ginger Pogorelc	10	Grand Rapids
10' 7"	Addison Lauwagie	11	Park Rapids Area	5' 5"	Avah Shaw	10	Andover
10' 6"	Delanie Chuma	12	Waconia	5' 4"	Annika Aakre	10	Park Christian
10' 6"	Dakota Esget	11	North Branch Area	5' 4"	Samantha Carr	10	Shakopee
10' 6"	McKenna Flinn	12	Redwood Valley	5' 4"	Cassandra Gospodarek	12	Rosemount
10' 6"	Alyson Herfel	12	St. Michael-Albertville	5' 4"	Paige Halder	12	Byron
(40)				(20)			
10' 6"	Lucy Lewandowski	10	Crosby-Ironton	5' 4"	Amber Mahal	10	Northfield
10' 6"	Ashley Maneval	10	Barnesville	5' 4"	Sophie Mahnke	12	Rogers
10' 6"	Annabelle Speers	12	Hopkins	5' 4"	Kaili Malvey	11	Mahtomedi
10' 6"	Meghan Urban	12	Stewartville	5' 4"	Maria Matysik	11	Edina
10' 6"	Aubrey Wilson	10	Cambridge-Isanti	5' 4"	Mayah Otto	10	St. Croix Lutheran
10' 5"	Ava Gross	12	Andover	5' 4"	Danica Pederson	10	New London-Spicer
10' 5"	Kate Miriovsky	11	Buffalo	5' 4"	Megan Schoenke	12	Minneapolis Southwest
10' 4"	Annika Magelee	10	St. Peter	5' 4"	Alice Steman	11	Cambridge-Isanti
10' 3"	Ani Gottfried	11	Northfield	5' 4"i	Olivia Thostenson	12	International Falls
10' 3"	Maddison Hoechst	9	Mankato West	5' 4"	Anya Williams	12	Stillwater Area
(50)				(30)			
10' 3"	Corynn Oye	11	Luverne	5' 3"	Ava Bringgold	11	Chisago Lakes
10' 2"	Kinsey Hoversten	12	Wayzata	5' 3"	Kate Daly	9	St. Clair/Immanuel Lutheran
10' 2"	Zoie Roemer	11	Alexandria	5' 3"	Chloe Fratzke	11	Winona
10' 2"	Sophia Smith	12	Tri-City United	5' 3"	Riley Freed	9	Rockford
10' 1"	Addison Anderson	10	Dassel-Cokato	5' 3"	Joy Garvey	10	Hill-Murray
10' 1"	Grace Erickson	12	Lewiston-Altura	5' 3"	Erika Imdieke	12	Maple Grove
10' 1"	Shira Gnahn	11	Byron	5' 3"	Jaelyn LaPlante	11	Chatfield
10' 1"	Addi Hackel	9	Perham	5' 3"	Allison LaVine	11	Clearbrook-Gonvick
10' 1"	Morgan Hausten	12	Detroit Lakes	5' 3"	Madalyn Neumann	12	Central Public Schools
10' 1"	Lydia Klettke	10	Perham	5' 3"	Leila Pratt	9	Mankato West
(60)				(40)			
10' 1"	Claire Krook	11	Byron	5' 3"	Brooklyn Purrington	8	Marshall
10' 1"	Addison Landsom	11	St. Peter	5' 3"	Lexie Rehman	10	Mound-Westonka
10' 1"	Alonna Moench	10	Detroit Lakes	5' 3"	Nyadak Ruei	7	Tri-City United
10' 1"	Erika Nesseth	12	Northfield	5' 3"	Audrey Shindelar	10	Stewartville
10' 1"	Ella Ott	11	Byron	5' 3"	Ava Steinhoff	9	Hills-Beaver Creek
10' 1"	Markelle Pederson	10	West Marshall	5' 3"	Ja'Mya Viney	9	Anoka
10' 1"	Ellie Perkins	8	Fairmont	5' 3"	Aurora Walberg	11	Royalton
10' 1"	Victoria Robillard	12	Windom Area	5' 2"	Maya Adhikari	10	Roseville Area
10' 1"	Alexandra Schloeder	11	Rockford	5' 2"	Myiesha Antoni	10	Ottertail Central
10' 0"	Lucia Blaseck	10	Mounds View	5' 2"	Madilynn Bell	8	Lakeville North
(70)				(50)			
10' 0"	Brooke Giese	10	North Branch Area	5' 2"	Ruby Bergstrom	12	Minneapolis Washburn
10' 0"	Jocie Halfman	12	Byron	5' 2"	Allison Berns	11	Wayzata
10' 0"	Sydney Jones	12	Crosby-Ironton	5' 2"	Marie Blomgren	11	Minnehaha Academy
10' 0"	Sasha Kowalski	10	Maple Grove	5' 2"	Rilee Breth	10	Holdingford/Upsala
10' 0"	Harlie Schwope	8	Osakis	5' 2"	Rebecca Cheadle	11	Heron Lake-Okabena/Fulda
10' 0"	Bene' Smith	11	Chisago Lakes	5' 2"	Sarahya College	10	Robbinsdale Armstrong
10' 0"	Paige Werner	9	Eagan	5' 2"	Lydia Fell	8	St. Peter
(77)				5' 2"	Naja Giles	12	DeLaSalle
				5' 2"	Anna Gorun	12	Minnetonka
				5' 2"	Eloise Homelvig	10	Alexandria
				(60)			
				5' 2"	Kayla Kajer	12	Stillwater Area
				5' 2"	Alex Kiebel	11	Maple Lake
				5' 2"	Arabella Knudson	12	Kasson-Mantorville
				5' 2"	Julia LaBrash	10	Rochester Mayo
				5' 2"	Reese Laposky	11	Pequot Lakes
				5' 2"	Jadyn Lester	12	Rochester Mayo
				5' 2"	Tegan Madow	10	Northfield
				5' 2"	Mina Nguyen	12	Eastview
				5' 2"i	Markelle Pederson	10	West Marshall
				5' 2"	Geneva Rasmussen	11	Eagan
				(70)			
				5' 2"	Hayden Reeder	10	Anoka
				5' 2"	Ayla Schmitz	10	Chaska

HIGH JUMP

5' 2"	Jayden Sonnenberg	10	Frazee
5' 2"	Emma Thein	10	MACCRAY/RCW
5' 2"	Samira Thompson	10	Hastings
5' 2"	Carly Tolifson	9	Benson/KMS
5' 2"	Eva Welsch	10	Lakeville South
5' 2"	Layla Wenderski	8	Albany
5' 2"	Kaydence White	10	Kittson County Central

(79)

LONG JUMP

20' 1.25"	McKaylen Lewis	9	Math & Science Academy
18' 8.75"	Samantha Carr	10	Shakopee
18' 7"	Ashley Fisher	12	Academy Of Holy Angels
18' 6.75"	Arabella Knudson	12	Kasson-Mantorville
18' 5.5"	Jayda Wilson	10	Roseville Area
18' 4.75"	Maddyn Greenway	10	Providence Academy
18' 4"	Jada Preston-Harris	9	Providence Academy
18' 3.5"	Ava Thoennes	12	Rocori
18' 3.25"	Danchau Le	10	Columbia Heights
18' 2"	Hattie Anderson	10	Minneapolis Washburn

(10)

18' 1.5"	Rylie Hansen	11	Mankato East
18' 0.75"	Logan Webster	9	Minneapolis Southwest
18' 0.5"	Jordan Blair	11	Blaine
18' 0.5"	Jayi Wilson	11	Champlin Park
18' 0.5"	Angela Taylor	12	Stillwater Area
18' 0"	Shynika Chatman	11	Park Center
17' 11.5"	Addison Condon	10	Waterville-Elysian-M
17' 11.5"	Kaili Malvey	11	Mahtomedi
17' 11"	Ellie Sosa	9	Dilworth-Glyndon-Felton
17' 9.75"	Trinity Giddings	11	Two Harbors

(20)

17' 9.75"	Savana Sanchez	11	Forest Lake
17' 9.5"	Avah Shaw	10	Andover
17' 9.25"	Vanessa Jordan	11	Eden Prairie
17' 9"	Alexa Drew	12	Lakeville South
17' 9"	Adella Schmoll	11	RACE
17' 8.75"	Cayman Pagel	12	Stillwater Area
17' 8"	Aubryana Boldt	10	Rushford-Peterson/Houston
17' 8"	Claire Stein	11	Two Rivers
17' 8"	Kaija Schneider	11	Alexandria
17' 8"	Anya Williams	12	Stillwater Area

(30)

17' 7.5"	Hailey Hollar	12	River Valley
17' 7.5"	Taylor Kurtz	9	Rochester Mayo
17' 7.25"	Kinley Bormann	9	Ottertail Central
17' 7.25"	Yvonne Marsh	11	Blaine
17' 7.25"	Grazina Troup	11	Minnehaha Academy
17' 7"	Chioma Onyeaghala	11	Marshall
17' 6.75"	Lexi Heminover	7	Mankato East
17' 6.5"	Brynn Bakken	9	Hills-Beaver Creek
17' 6.25"	Christina Zorobi	9	Twin Cities Academy
17' 6"	Abby Essler	9	Rosemount

(40)

17' 6"	Lauren Hansen	10	Monticello
17' 6"	Hayley Lentsch	12	Kenyon-Wanamingo-Goodh
17' 6"	Emily Novak	12	Foley
17' 6"	Payton Young	10	Osseo
17' 5.25"	Ayisat Adebayo	11	Simley
17' 5"	Alexandria Hill	9	Minneapolis North Comm
17' 5"	Isabelle Jaenicke	12	Melrose Area
17' 4.5"	Clare Ryan Bradley	10	St. Paul Academy & SS
17' 4.5"	Halle Theis	11	Owatonna
17' 4.5"	Meghan Urban	12	Stewartville

(50)

17' 4.25"	Judith Prensa Aupetit	11	Northfield
17' 4.25"	Nevaeh Coffey	12	Spring Lake Park
17' 4.25"	Brooklyn Flatau	11	Waseca
17' 4"	Kayla Heinonen	10	Delano
17' 4"	Kendall Huhnerkoch	11	Redwood Valley
17' 4"	Reegan Schmidt	8	Rogers
17' 3.25"	Samantha Perez	11	St. Charles
17' 3.25"	Megan Schoenke	12	Minneapolis Southwest
17' 3"	Taylor Bockoven	10	Milaca
17' 3"	Mya Folken	12	Minnnetonka

(60)

17' 3"	Paige Halder	12	Byron
17' 3"	Chantle Reiland	11	GMLOKS
17' 3"	Marissa Rotz	12	Zimmerman
17' 2.75"	Addyson White	12	Prior Lake
17' 2.25"	Cassandra Gospodarek	12	Rosemount
17' 2.25"	Zeal Kuku	11	Minnetonka
17' 2.25"	Laura Thauvin	12	Mankato East
17' 1.25"	Sarahya College	10	Robbinsdale Armstrong
17' 1.25"	Jalayah Diggs	9	Park Center
17' 1.25"	Makenna Lilly	11	New Life Acad. of Woodbury

TRIPLE JUMP

40' 4"	Shiaflyn Cooper	9	Elk River
39' 11.25"	Ayisat Adebayo	11	Simley
38' 11.5"	Ellie Sosa	9	Dilworth-Glyndon-Felton
38' 5.25"	Grazina Troup	11	Minnehaha Academy
38' 0.5"	Hattie Anderson	10	Minneapolis Washburn
37' 9"	Rylie Hansen	11	Mankato East
37' 7.75"	Breanna Benjamin	12	Park Center
37' 6.75"	Gabriella Keefer	11	St. Michael-Albertville
37' 6"	Kendall Huhnerkoch	11	Redwood Valley
37' 6"	Lyndi Koosman	12	Willmar

(10)

37' 4.75"	Ava Follingstad	11	Barnesville
37' 4.25"	Nell Ferguson	9	Rochester Century
37' 4"	Liberty Quast	11	Stillwater Area
37' 3.5"	Annaka Forsberg	12	Blooming Prairie
37' 3"	Kinley Bormann	9	Ottertail Central
37' 2"	Emani Yarbrough	8	Roseville Area
37' 1.25"	Jaden Hackel	12	Perham
37' 0.5"	Isabelle Jaenicke	12	Melrose Area
36' 10.75"	Hannah Pederson	12	West Marshall
36' 10.75"	Rieeko Tut	12	Mankato East

(20)

36' 10.25"	Alexandria Hill	9	Minneapolis North Comm
36' 9.5"	Ara Warren	11	Moorhead
36' 9.25"	Yvonne Marsh	11	Blaine
36' 9.25"	Brooke Wisdom	12	Academy Of Holy Angels
36' 8"	Jozie Johnson	11	Owatonna
36' 7.75"	Juslene Chea	11	St. Michael-Albertville
36' 7.5"	Geneva Rasmussen	11	Eagan
36' 7"	Ashley Fisher	12	Academy Of Holy Angels
36' 6"	Kate Van Erp	11	Rocori
36' 5.25"	Elizabeth Ikubese	11	Rogers

(30)

36' 4"	Judsona Chea	12	St. Michael-Albertville
36' 4"	Natalie Marxer	11	Browerville
36' 4"	Sophia Vogel	11	Central Minnesota Christian
36' 3.5"	Anja Erickson	11	Spring Lake Park
36' 3.5"	Kennedy Pilgrim	12	Perham
36' 3"	Cora Grismer	11	Perham
36' 2.5"	Kendra Heintz	8	Rush City
36' 2"	Carly Halder	10	Byron

36' 2"	Alison Krasky	11	Alexandria
36' 1.75"	Aubryana Boldt	10	Rushford-Peterson/Houston
36' 1"	Haley Laures	11	Stewartville
(40)			
36' 0.5"	Claire Stein	11	Two Rivers
36' 0"	Alea Berscheit	12	Melrose Area
35' 11.75"	Samantha Tretter	9	Woodbury
35' 11.5"	Ava Loftness	11	Prior Lake
35' 11"	Carlee Kordosky	11	Hastings
35' 10.75"	Aly Jeurissen	12	Belle Plaine
35' 10.75"	Il m'aime Ntambwe	12	Columbia Heights
35' 10"	Jordan Blair	11	Blaine
35' 9.75"	Raina Simat	12	St. Michael-Albertville
35' 9.5"	Emily Novak	12	Foley
(50)			
35' 9.5"	Megan Schoenke	12	Minneapolis Southwest
35' 9"	Lauren Hansen	10	Monticello
35' 9"	Sara Stern	9	Maple Grove
35' 8.25"	Avery Sandmann	11	Lakeville South
35' 8"	Saleya Scott	11	Blake
35' 7.75"	Addi Hackel	9	Perham
35' 7.5"	Alexis Mentzer	11	Sartell
35' 6.75"	Karina Fischer	11	Stillwater Area
35' 6.75"	Reese Koenen	12	Pine Island
35' 6.5"	Claire Kohler	12	Minnetonka
(60)			
35' 6.25"	Emerson Hocking	11	Simley
35' 5.25"	Kiera Lukandwa	11	Champlin Park
35' 5"	Elsie Budolfson	9	Hopkins

35' 5"	Grace McSherry	11	Cretin-Derham Hall
35' 4.75"	Samantha Christensen	9	Mound-Westonka
35' 4.75"	Maggie McCabe	12	Watertown-Mayer
35' 4.75"	Halle Theis	11	Owatonna
35' 4"	Annika Bruce	12	Providence Academy
35' 3.5"	Honorina Yopez	11	Edina
35' 3"	Tayalekay Borh	9	Blaine
35' 3"	Kori Bristle	12	MACCRAY/RCW
35' 3"	A'mya Robinson	10	Apple Valley
(72)			